



*Your Status Committee presents:*

# Winter Retreat – Relax and unwind!!!



## Elmhirst's Resort

Friday, February 24- Saturday, February 25

Occasional Teachers are welcome to apply!

Workshops include:

**Scrap Booking** (Bring your own projects to work on)

**Gentle Yoga** (Good for beginner or experienced, bring your own mat)

**Aqua Fit** (Bring your Swimsuit)

**Guided Imagery**

**Skin Care and Makeovers by professionals.**

**And More....**

**Rate is 80.00 per person: Get a cabin of friends together, or let the resort find your group.  
(You will have your own bed.) **Space is limited.****

Register online at [www.kpretfo.ca](http://www.kpretfo.ca)

You must register on line with KPR ETFO and then contact Elmhirst's to book the cabin. (705-295-2144) (Dinner on Friday 6:30 pm)

Please send your cheque for \$80.00 to KPRETFO .

Registration closes on February 8<sup>th</sup> - Register early so you won't be disappointed.